

Bow Valley High School



Grade 9

Option Course Description Guide

2021-2022

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Rockyview Schools



Grade 9 Option (or Elective) Courses

NOTE: Students in Grade 9 do not receive credits.

ART 9	Duration: One Quarter	Fee: \$50.00
Prerequisite: N/A <i>The fee includes basic art supplies and a starting art kit. Students may be required to supply additional materials beyond the fee allotment.</i>		

The Art 9 program focuses on visual learning and artistic skills through sketchbook and studio projects. Students will participate in both two-dimensional and three-dimensional art explorations including traditional drawing, painting, sculpture and design. Within these study areas the student will explore art criticism, media handling and techniques, art theory and expressive skills. In addition, the students will learn to organize and present their work in a portfolio and presentation format. Discover the possibilities in Art!

ART ENRICHMENT 9	Duration: One Quarter	Fee: \$50.00
Prerequisite: N/A <i>The fee includes basic art supplies and a starting art kit. Students may be required to supply additional materials beyond the fee allotment.</i>		

This course allows for different expressions and approaches to art. Throw away your paint brush and sketch pad, and try some non-traditional methods that are more “hands-on” and that do not require a specific level of artistic ability. Projects could include technology based applications such as Cricket or material based projects such as wood, string or metal.

BAND 9 – CONCERT BAND	Duration: Full Year	Fee: \$25.00
Prerequisite: Two (2) or more years of previous Band experience. Corequisite: Enrollment in Music 9 – Instrumental Music. <i>The fee includes some clinic time.</i>		

This course will be offered outside the regular instructional day and will meet Alberta Learning’s time requirements. Students who choose this course should have already successfully completed two or more years of Band experience. Students will learn diverse and varied repertoire pertaining to the styles associated with performing bands. In addition to learning performance repertoire, this band may tour the local schools and perform in a festival. This course does not replace the regular Band courses. Students will also be responsible for the various levels of theory, history and technical skills that are contained in the Alberta Learning Curriculum Guide.

BAND 9 – INSTRUMENTAL MUSIC	Duration: Full Year	Fee: \$25.00
Prerequisite: Two (2) or more years of previous Band experience. Even if you could not take Grade 8 Band, you are welcome to join Band 9. <i>The fee includes some clinic time.</i>		

Grade 9 Band is an extension of the Middle School (Grades 6, 7 and 8) program. Students who choose this course should have already successfully completed two or more years of Band experience, including Grade 8 Band. **Exceptions** include those students who have had previous private lessons and students who, **at the discretion of the Band instructor**, are permitted to enroll. Students will learn diverse and varied repertoire. They will also be responsible for all theory, history and technical skills that are contained in the Alberta Learning Curriculum Guide for Grade 9 Band. Students who wish to be members of the Concert Band and/or the Jazz

ensemble must take this course. Students who choose Band will participate in the Concert Band, which is a co-curricular event that rehearses outside of the regular instructional day.

BAND 9 – JR. JAZZ ENSEMBLE	Duration: Full Year	Fee: \$25.00
Prerequisite: Two (2) or more years of previous Band experience. Corequisite: Members must be enrolled in the Music 9, 10, 20 or 30 “class” Band, and in the Jr./Sr. Concert Band as appropriate. <i>The fee includes some clinic time.</i>		

This class rehearses outside of the regular timetable. Enrollment is by audition and/or invitation. Previous Jazz experience is recommended.

BOTANY 9 (AGRICULTURE 9)	Duration: One Quarter	Fee: \$50.00
Prerequisite: N/A		

This course will be an introduction to plant sciences and a variety of agriculture techniques (under the heading of Agriculture 9). Students will explore the production and management of plants, pests, landscapes, soils and water systems to achieve productive and sustainable growing systems.

DIGITAL LIFE 9	Duration: One Quarter	Fee: \$30.00
Prerequisite: N/A <i>Digital Life 9 includes Game Design, Graphic Design, Movie Making and Photography.</i>		

Students learn to employ fundamental elements and principles of design and gain a strong foundational multi-disciplinary experience in preparation for other technology courses. Students will also be introduced to Graphic Design, Movie Making and Game Design through different programming environments.

DRAMA 9	Duration: One Quarter	Fee: \$25.00
Prerequisite: N/A		

Drama plays a major role in the development of the whole person, emotionally, intellectually, imaginatively, aesthetically and socially. It fosters positive group interaction, and students are able to work together to reach common goals. While developing dramatic skills, students are able to assume roles and thus explore life. The overall goal is to foster a positive self-concept. The environment in Drama classes is non-competitive, supportive, cooperative and exciting, yet challenging in the constant striving to develop the whole person.

DRUM LINE 9	Duration: Full Year	Fee: \$25.00
Prerequisite: N/A <i>The fee includes some clinic time.</i>		

We are pleased to once again offer our Drum Line (DL) class for students in Grade 9. Drum Line will be for students to learn and/or enhance their skills on Snare Drum, Quad Toms, Bass Drums, Cymbals, and perhaps Mallets and Timpani. If you have experience, that’s fantastic but if not, you will learn all you need to know in this class. The focus will be on learning Drum Line pieces while developing playing and rhythm reading skills. Students will rehearse and will also perform at some Band Concerts.

FASHION 9	Duration: One Quarter	Fee: \$30.00
Prerequisite: N/A <i>The fee covers the basic supplies and upkeep of machinery in the sewing lab. Students will be required to supply additional materials beyond the allotment fee.</i>		

Students will learn how to operate a sewing machine and the basics of sewing. Projects that may be completed include a sewing bag, a teddy bear and drawstring pants.

FOODS 9	Duration: One Quarter	Fee: \$50.00
Prerequisite: N/A		

This course is an introduction to Foods and is divided into three parts, all revolving around the four food groups. The course is 40% theory and 60% in the lab. This class is a nut-free classroom, but cannot accommodate any other food choices, allergies and/or diseases.

FRENCH 9	Duration: One Quarter	Fee: N/A
Prerequisite: N/A		

This course is designed to introduce students to French language and culture in the hopes of igniting a passion for world travel and lifelong language learning. They will learn the basic building blocks of language so that they can greet others, introduce themselves and communicate basic personal information. A significant portion of French 9 is used to explore the cultural and geographic diversity of the French-speaking world. Games, songs, videos, interactive activities and inquiry projects are used as tools for language learning.

NOTE: Students wishing to take French 10 *do not* require French 9 as a prerequisite.

LEADERSHIP 9	Duration: One Quarter	Fee: \$30.00
Prerequisite: N/A		

Development of skills in Leadership are those that will be valuable for life. Students will foster awareness of the principles and practices of leadership and develop, implement and assess a personal leadership plan. As well, students will compare basic theories and styles of leadership and demonstrate leadership in a school, work-place or community context. Finally, students will extend and enhance competencies cultivated in this area by proposing, writing, executing and evaluating their own leadership projects. Skills such as effective communication, critical thinking, problem solving, teamwork, goal setting, time management, planning and organizing, all of which are lifelong skills applicable to the workplace, will be explored in this course. This course contains a community service component. Students may need a teacher reference to be accepted into this program.

PERFORMING ARTS 9 (FINE ARTS 9 – PA)	Duration: Full Year	Fee: \$45.00
Prerequisite: N/A		

All students in Performing Arts (PA) are involved in the entire process of producing two “extra-curricular” stage productions. Students will be focusing more on the performance aspect of each production (i.e., perhaps in supporting performing roles). The instructional hours occur during lunch hours, after school and on weekends.

PHYSICAL EDUCATION ENRICHMENT 9	Duration: One Quarter	Fee: \$100.00
Prerequisite: N/A		

Phys. Ed. Enrichment 9 will provide students with opportunities to participate in group exercise, off-campus trips and team building activities that are different from our current physical education programs. This class will emphasize cardiovascular endurance, muscular strength, muscular endurance and flexibility through new games and activities that students can play for the remainder of their lives. Assessment and evaluations will be placed on leadership in the class, and active and social participation both on and off campus. This class will provide students with an opportunity to engage in active living, improve fitness and develop skills through a wide variety of activities to further develop positive social interactions and get moving outside of our gym walls!

POP! CULTURE DANCE FITNESS 9	Duration: One Quarter	Fee: \$45.00
Prerequisite: N/A		

Love to move to music? Want to increase your fitness while doing so? This course delves into the world of Pop culture music by participating in learning dance moves and routines associated with a variety of dance genres

such as Hip Hop, Latin, Modern/Contemporary, Bollywood, African, etc. This course will energize your mind, body and soul. All ability levels are encouraged; this is not a technical dance course.

SPANISH 9	Duration: One Quarter	Fee: N/A
Prerequisite: N/A		

This course is designed to introduce students to the Spanish language and culture in hopes of igniting a passion for world travel and lifelong language learning. Students do not require any previous knowledge of this subject. They will learn the basic building blocks of language, so that they can greet others, introduce themselves, and communicate basic personal information with others. A significant portion of Spanish 9 is used to explore the cultural and geographic diversity of the Spanish-speaking world. Games, songs, videos, interactive activities and inquiry projects are used as tools for learning.

NOTE: Students wishing to take Spanish 10 **do not** require Spanish 9 as a prerequisite.

SPORTS PERFORMANCE 9	Duration: One Quarter	Fee: \$100.00
Prerequisite: N/A		

This course is designed as an introduction to the Sports Performance stream at Bow Valley High School. Students will be better able to understand the field of athletics and athletic development and have a desire to improve on their own physical development. The objective of the course is to enhance student sport performance through increased physical fitness and understanding the factors related to performance. Students will study and learn the following basic sport topics at an introductory level: Sport Psychology, Ethics in Sport, Nutrition, Games, Individual Training and Sport Injuries.

TECHNICAL THEATRE 9 (FINE ARTS 9 – TT)	Duration: Full Year	Fee: \$45.00
Prerequisite: N/A		

All students in Technical Theatre (TT) are involved in the entire process of producing two “extra-curricular” stage productions. Students in this class will be focusing more on the setup/stage dynamics of each production (i.e., building props, makeup, lighting, etc.). The instructional hours occur during lunch hours, after school and on weekends. This is a full year course.

WILDLIFE 9	Duration: One Quarter	Fee: \$30.00
Prerequisite: N/A		
<i>The fee covers the basic costs. Students will be responsible for extra costs for trip participation.</i>		

This is an activity-based course that introduces students to the fun and adventure of the outdoors. Students will develop foundational skills and will be exposed to a wide variety of trips. Students will have the opportunity to go mountain biking, rock climbing and cross-country skiing. Students will also have the opportunity to participate in a four-day multi-sport trip and more.

YOGA 9	Duration: One Quarter	Fee: \$20.00
Prerequisite: N/A		

Yoga 9 is an introductory course which allows students to experience the postures (asana), breathing and relaxation techniques of a Yoga practice. It will help students to understand and support their own unique needs, limitations and growth within their own bodies. This course is designed for all levels, from beginner to advanced, and will build and encourage a well-rounded Yoga experience.